

- 2023 -

# SEPTEMBER

FRIDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

**LONG JOHNS/CEREAL**  
FRUIT  
JUICE  
MILK

4

NO SCHOOL

5

**YOGURT/POPTART**  
FRUIT  
JUICE  
MILK

6

**SCRAMBLED EGGS/CEREAL**  
FRUIT  
JUICE  
MILK

7

**FRENCH TOAST  
CEREAL BAR**  
FRUIT  
JUICE  
MILK

8

**DONUT/CEREAL**  
FRUIT  
JUICE  
MILK

11

**PB&J/CEREAL**  
FRUIT  
JUICE  
MILK

12

**YOGURT/POPTART**  
FRUIT  
JUICE  
MILK

13

**SCRAMBLED EGGS  
CEREAL**  
FRUIT  
JUICE  
MILK

14

**PANCAKE/CEREAL BAR**  
FRUIT  
JUICE  
MILK

15

**DONUT/CEREAL**  
FRUIT  
JUICE  
MILK

18

NO SCHOOL

19

**YOGURT/STRING CHEESE  
POPTART**  
FRUIT  
JUICE  
MILK

20

**SCRAMBLED EGGS  
CEREAL**  
FRUIT  
JUICE  
MILK

21

**FRENCH TOAST  
CEREAL BAR**  
FRUIT  
JUICE  
MILK

22

**DONUT HOLES  
CEREAL**  
FRUIT  
JUICE  
MILK

25

**PB&J/CEREAL**  
FRUIT  
JUICE  
MILK

26

**POPTART/MUFFIN**  
FRUIT  
JUICE  
MILK

27

**SCRAMBLED EGGS  
CEREAL**  
FRUIT  
JUICE  
MILK

28

**PANCAKE/CEREAL BAR**  
FRUIT  
JUICE  
MILK

29

**LONGJOHN/CEREAL**  
FRUIT  
JUICE  
MILK

## St. Mary's School

### BREAKFAST MENU PRE-K THRU 12<sup>TH</sup>

**Student Meal=\$1.85**  
**All Guest=\$5.00**

Parents/Guardians: We welcome you to eat with your children. Please give the office a 24-hour notice.

**Remember to pay the office prior to eating.**

View your lunch account balance online(Menu subject to change)

**The Saint Mary's Food service does not discriminate on basis of race, color, age, sex orientations, religion, marital status or any legally protected status.**

Every meal offered to the student/teacher/parent is offered Fat free chocolate, 1%white, skim

© milk imply Good Food, LLC

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

- 2023 -

# SEPTEMBER

FRIDAY

## St. Mary's School LUNCH MENU PRE-K THRU 12<sup>TH</sup>

Student Meal=\$3:10  
All Guest=\$5.00

Parents/Guardians: We welcome you to eat with your children. Please give the office a 24-hour notice.

**Remember to pay the office prior to eating.**

View your lunch account balance online(Menu subject to change)

**The Saint Mary's Food service does not discriminate on basis of race, color, age, sex orientations, religion, marital status or any legally protected status.**

Every meal offered to the student/teacher/parent is offered Fat free chocolate, 1%white, skim

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

4

NO SCHOOL

5

**CHICKEN TENDERS**  
WG DINNER ROLL  
RANCH/ROMAIN LETTUCE  
CARROTS  
APPLESAUCE  
MILK

6

**TURKEY WITH GRAVY**  
WG DINNER ROLL  
GREEN BEANS  
MASHED POTATOES  
FRUIT COCKTAIL  
MILK

7

**PEPPERONI PIZZA**  
BROCCOLI  
CORN  
PEARS  
MILK

8

**EGG OMELET**  
WG MUFFIN  
POTATO FRIES  
ORANGE  
MILK

11

**PULLED PORK**  
WG BUN  
BAKED BEANS  
FRUIT COCKTAIL  
MILK

12

**TURKEY AND CHEESE SUB**  
WG BUN  
RANCH/MAYO  
CARROTS/BROCCOLI  
APPLESAUCE/MILK

13

**GRILLED CHICKEN SANDWICH**  
WG BUN  
RANCH/ROMAIN LETTUCE  
CELERY  
PEACHES  
MILK

14

**CHICKEN NACHOS**  
WG TORTILLA CHIP  
CHICKEN TACO MEAT  
SHREDDED CABBAGE  
CORN  
GRAPES  
MILK

15

**GRILLED CHEESE**  
PEAS  
CARROTS  
RANCH  
PINEAPPLE  
MILK

18

NO SCHOOL

19

**WALKING TACO**  
TORTILLA CHIPS  
TOMATO  
REFRIED BEANS  
PEACHES  
MILK

20

**ORANGE CHICKEN**  
WG DINNER ROLL  
WG BROWN RICE  
CARROTS  
PEARS  
MILK

21

**TURKEY AND GRAVY**  
WG DINNER ROLL  
MASHED POTATOES  
CORN  
BANANA  
MILK

22

**BOSCO STICKS**  
SPAGHETTI SAUCE  
ROMAINE/SPINACH  
RANCH DRESSING  
APPLESAUCE  
MILK

25

**CRISPIITOS**  
REFRIED BEANS  
TOMATO/ SHEDDED  
LETTUCE  
CORN  
PEARS  
MILK

26

**CHEESY BEEF STEAK**  
WG BISCUIT  
ROMAINE LETTUCE  
RANCH DRESSING  
POTATO FRIES  
PEACHES  
MILK

27

**SPAGHETTI WITH MEAT SAUCE**  
CARROTS/PEAS  
GARLIC BREADSTICK  
BANANA

28

**CRUNCHY CHICKEN TENDERS**  
GREEN BEANS  
MASH POTATOES  
STRAWBERRIES/MILK

29

**WG FRENCH BREAD PIZZA**  
BROCCOLI  
CUCUMBER  
GRAPES  
MILK